

MARTIAL ARTS SCHEDULE

MONDAY

4:00-5:00
YOUTH
WARRIORS
AGES 9+

5:15-6
NINJA
KIDS
AGES 3-8

6-7:30
ADULT
BJJ
GI

TUESDAY

4:00-4:45
NINJA
KIDS
AGES 3-8

5:00-6:00
YOUTH
WARRIORS
AGES 9+

6-7:30
ADULT
STRIKING

WEDNESDAY

4:00-5:00
YOUTH
WARRIORS
AGES 9+

5:15-6
NINJA
KIDS
AGES 3-8

6-7:30
ADULT
BJJ
NO-GI

THURSDAY

4:00-4:45
NINJA
KIDS
AGES 3-8

5:00-6:00
YOUTH
WARRIORS
AGES 9+

6-7:30
ADULT
STRIKING

FRIDAY

2PM
BOXING
AGES 10+

ADULT/TEEN
OPEN
MAT
3-6PM

6:30-8
ADULT
MMA
SEASONAL

SATURDAY

9 AM
STRIKING

10:15 AM
ADULT
BJJ

ADULT/TEEN
OPEN
MAT

www.ForgePagosa.com

Call Coach Morganne

970-585-4354

30-days notice, \$25 Registration Fee

